

Commitment to Comprehensive Care

The Dignity Health Cancer Institute of Greater Sacramento is your gateway to quality cancer care. Our commitment to treating the whole person—physically, emotionally, and spiritually—is embodied in our multidisciplinary approach. The diagnosis, treatment, and support of cancer patients involves many crucial steps. Dignity Health's team members work closely with patients and each other throughout the journey, delivering an optimal treatment plan and carefully coordinated care.

Multidisciplinary Approach

Our team features a wide variety of board-certified cancer specialists, specially trained nurses, on-site pharmacists, social workers, chaplains, palliative care specialists, nutritional experts and support staff. They work in concert—consulting, collaborating, and maintaining open lines of communication—to maximize effectiveness in treating even the most complex cases.

Advanced Technologies

Dignity Health Cancer Institute features new life-saving technologies that see the previously unseen, reach the previously inaccessible, and enhance surgical intervention. We use precision medicine and genomic testing to predict the best cancer treatment options for your case.

Oncology Nurse Navigators

As patients face the challenges of a cancer diagnosis, our specially trained oncology nurse navigators help to guide them through the care process, facilitating access to support services and acting as a liaison among caregivers and physicians. This assistance comes in many forms, including: emotional support and individualized education about diagnoses and treatments; coordination of services, assistance with appointments, and assured continuity of care; and a central point of contact for cancer-related issues and community support (e.g., support groups, financial assistance information, mental health services, counseling, dietitians, yoga, and other complementary services).

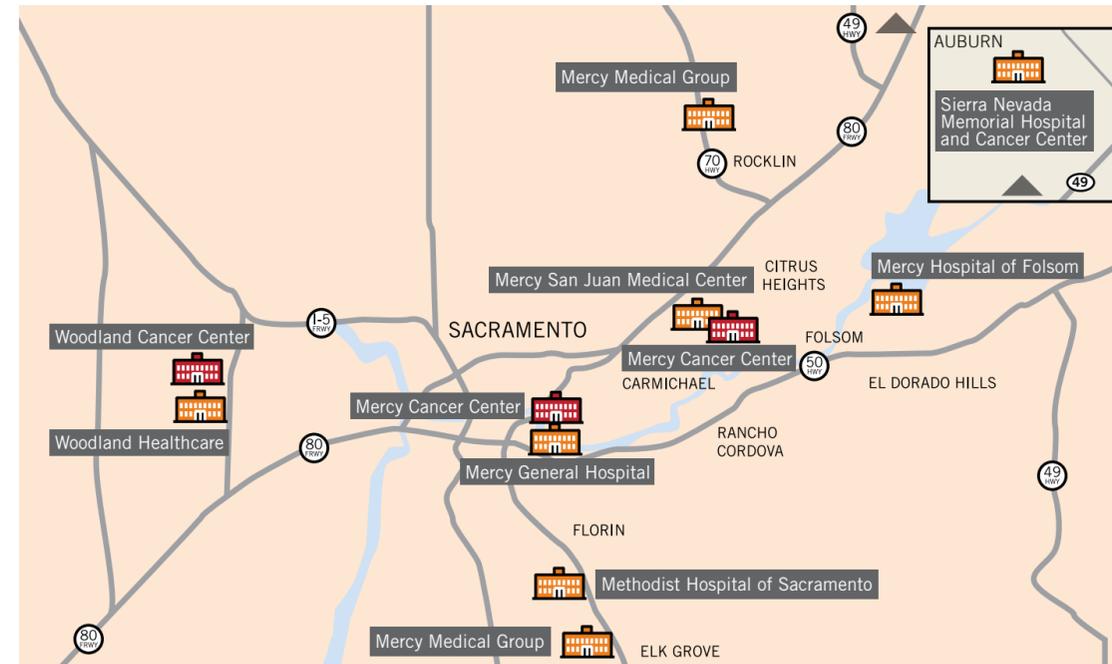
Integrative Oncology

Embracing a fusion of western medicine and complementary therapies, Dignity Health Cancer Institute offers an array of classes and support groups for patients and their caregivers.* Free yoga, guided imagery, massage, Mercy SOUL dog therapy, music therapy, meditation and gentle exercise classes are available at no cost to our patients. Support groups and connectivity with peer navigators provide patients and caregivers a sense of community, allowing them to share the experience with others who have traveled a similar journey to survivorship.

Survivorship

Dignity Health Cancer Institute also offers survivorship support for patients who have completed all treatment following a cancer diagnosis. Our Transition to Wellness discussions are held every other month, addressing the long-term needs of cancer survivors while empowering them to advocate for those needs on their path to healthy living and wellness.

*Not all services are available at all locations. Please refer to the website for a complete listing of services and locations.



Mercury General Hospital

4001 J St., Sacramento, CA 95819

Mercury San Juan Medical Center

6501 Coyle Ave., Carmichael, CA 95608

Mercury Hospital of Folsom

1650 Creekside Dr., Folsom, CA 95630

Outpatient Cancer Centers

Mercury Cancer Center—Sacramento

3301 C Street, Suite 550
Sacramento, CA 95816
916.556.3200 (Main)
916.556.3131 (Radiation Oncology)
916.733.5300 (Infusion, Hematology, Oncology)

Mercury Cancer Center—Carmichael

6511 Coyle Avenue
Carmichael, CA 95608
916.863.8700 (Radiation Oncology)
916.733.5300 (Infusion, Hematology, Oncology)

Mercury Medical Group—Elk Grove (Big Horn)

9394 Big Horn Blvd.
Elk Grove, CA 95758
916.633.1798 (Infusion)

Methodist Hospital of Sacramento

7500 Hospital Dr., Sacramento, CA 95823

Sierra Nevada Memorial Hospital

155 Glasson Way, Grass Valley, CA 95945

Woodland Healthcare

1325 Cottonwood St., Woodland, CA 95695

Mercury Medical Group—Rocklin

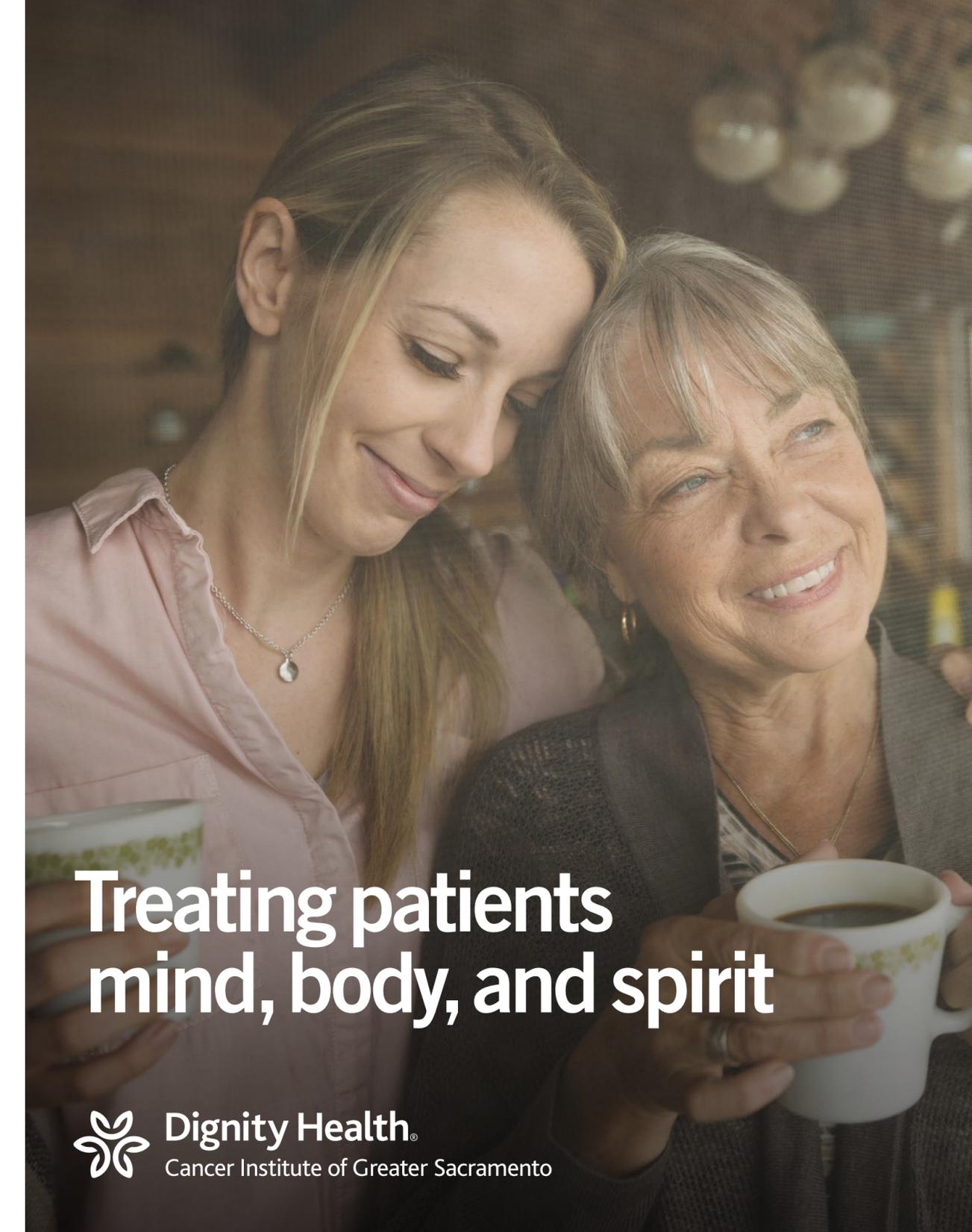
550 W. Ranch View Dr., Ste. 3000
Rocklin, CA 95765
916.633.0016 (Infusion)

Sierra Nevada Memorial Hospital—Cancer Center

155 Glasson Way
Grass Valley, CA 95945
530.274.6677 (Medical Oncology)
530.274.6600 (Radiation Oncology)

Woodland Healthcare Cancer Center

515 Fairchild Court
Woodland, CA 95695
530.668.2600



Treating patients mind, body, and spirit



Inpatient Care

Accreditation

Dignity Health is accredited by the American College of Surgeons Commission on Cancer (CoC), an achievement recognizing our program's framework to provide the full scope of cancer care services required to diagnose, treat, rehabilitate, and support patients across their journey.

Through its individualized, patient-centered approach to treating lung cancer, Dignity Health is also the first and only Bonnie J. Addario Lung Cancer Foundation Community Hospital Center of Excellence in the Sacramento region.

A Network of Excellence

The Dignity Health Cancer Institute of Greater Sacramento comprises six hospitals and six outpatient treatment centers, each of which offers an astounding number of oncology experts and technological resources. Whichever physician a patient engages for their primary cancer treatment, that patient is assured access to a wide network of medical expertise and innovation that helps to ensure the best of all possible outcomes.

Technologies

The use of evidence-based medicine supported by advanced diagnostic, surgical, and therapeutic technologies is continually expanding our ability to treat cancer and, ultimately, save lives.

- Advances in imaging and video capabilities offer surgeons an unprecedented degree of visual acuity
- Minimally invasive procedures offer smaller incisions to enhance outcomes, minimize risk, and speed recovery
- Robotic technologies allow for ultra-precise movements
- Highly targeted radiation attacks cancer while minimizing impact on healthy tissue

Clinical Research

Dignity Health Cancer Institute believes in the benefits of clinical research and its ability to elevate the level of care for all. In addition to giving patients access to the latest treatment options, our physicians develop expertise informed by the consistently evolving and advancing standards of care.

Genetic Counseling

In keeping with our proactive approach to cancer care and early detection, we offer genetic counseling. If a relative has had a certain type of cancer, it may indicate an increased risk for other family members. Genetic counseling enables the physician to test a patient's DNA for inherited gene mutations associated with certain types of cancer. Dignity Health Cancer Institute also offers remote genetic counseling (or telegenetics), allowing patients the option to review results and risks with a genetic counselor in person, over the phone or via video.



Outpatient Care

Dignity Health Cancer Institute was the first in the region to move toward an outpatient model in which patients receive most of the care they need in a single location. We have outpatient care centers in Sacramento, Carmichael, Elk Grove, Rocklin, Woodland, and Grass Valley.

Each facilities' interior and furnishings are designed to comfort and soothe weary guests. A warm library-like setting with books, games, puzzles, iPads, and other diversions help friends and family pass the time while loved ones get the care they need.

Diagnostic Imaging

Imaging is used to detect tumors and other abnormalities, determine the extent of disease, and to evaluate the effectiveness of treatment. Dignity Health Cancer Institute's diagnostic capabilities include some of the most sensitive imaging instruments available—providing greater accuracy, speed, and convenience.

Medical Oncology

Medical oncology refers to infusion services including chemotherapy, hormone therapy, and biological therapy. Chemotherapy uses powerful medication to destroy cancerous tissue or prevent its return after surgery. Some cancers depend on hormones for their growth. Hormone therapy involves shutting off production of the specific hormone, either temporarily (with medications) or surgically. Biological therapy, a relatively new and promising approach, includes drugs aimed at the cancer gene, while others inhibit nutrients required by the cancer cell. One or more types of medical oncology may be used in combination with radiation or surgery to provide the best possible cure.

Radiation Oncology

Radiation therapy works by damaging the DNA of cancerous cells, causing them to die or reproduce more slowly. New 3D imaging techniques, coupled with sophisticated planning software, allow our radiation oncologists to localize and treat even small tumors with unprecedented accuracy. Patients receiving radiation therapy with Dignity Health not only have access to advanced applications, but are under the care of three uniquely qualified specialists—a medical physicist, a dosimetrist, and a radiation oncologist—who work together to determine the most safe and effective parameters for a course of radiation treatment.

Complementary Therapy

Advanced medical technology is a powerful ally in the fight against cancer. However, treating the whole patient means also providing nurturing support throughout the entire process. Our complementary services play a valuable role in Dignity Health's holistic approach. They include:

- Support groups
- American Cancer Society collaboration
- Yoga, meditation, guided imagery, and gentle exercise
- Mercy SOUL dog therapy program
- Medical nutrition therapy and nutrition education
- Music therapy
- Massage
- Patient and family counseling
- Palliative care

Transportation Assistance

For patients with limited income or familial support, getting transportation to medical appointments can be a challenge and the cost of treatment can be prohibitive. Our partnership with Mercy Foundation provides such patients financial assistance so that they may receive the care needed.

Oncology-Certified Dietitian

As part of the integrative oncology program, Dignity Health Cancer Institute's oncology dietitian provides medical nutrition therapy to optimize the nutritional status of patients undergoing treatment. Medical nutrition therapy has been shown to improve treatment tolerance, reduce treatment interruptions, decrease weight loss, improve survival, and maximize quality of life. The dietitian also provides nutrition education to patients in survivorship.