



Welcome to the Greater Sacramento Prostate Cancer Support Group

Sponsored by:

**UC Davis Comprehensive Cancer Center
Dignity Health Cancer Institute of Greater Sacramento and
Sutter Cancer Center**

An "Us Too" support group for men with prostate cancer, their families and close friends with 27 years of service to our community

The Greater Sacramento Prostate Cancer Support Group extends a broad welcome to men and their loved ones touched by the disease. The group provides a discussion forum for men with a new or pending diagnosis, men who have completed their treatment, men dealing with treatment side effects, men with a cancer recurrence and family, friends or other interested persons.

Some goals of these meetings are:

- To increase members' understanding of prostate cancer and its treatment.
- To exchange information, experiences and relevant resources.
- To help members discuss the effects of prostate cancer on their lives in a friendly and empathetic setting.
- To foster an increased awareness of prostate cancer as a major health concern in the community at large.

A further mission of the group is to listen to each individual's cancer story with patience and understanding realizing that in discovering the uniqueness of every man's journey all learn and benefit. These engaged conversations succeed in bringing out the best of our compassion, humanity, personal resolve and contribute to peace of mind.

Members do not provide medical advice, and neither recommend physicians nor advise one treatment above another. Rather, expectations are that information gleaned and the group's support will enable one to make their own treatment choices with greater confidence and resolve. Due to the Co-Vid 19 restrictions, the group is meeting on line until further notice. While we miss the one on one comradery, the group's desire to help men with prostate cancer is thriving during this challenging time.

**For more information and to receive updates about the group contact:
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