



Palm Valley Comprehensive Pain Center

As lead doctor at the Palm Valley Comprehensive Pain Center, Dr. Karimian strives to return patients back to more functional, active and productive lives. She is the only female, fluently Spanish-speaking pain management specialist in the entire Coachella Valley.

Specializing in the treatment of pain and pain-related condition, Palm Valley Comprehensive Pain Center has become one of the leading pain management centers by keeping patients best interest in mind. Physicians provide consistently compassionate care and utilize an effective multidisciplinary approach in their treatment of pain.

Palm Valley Pain Management clinics, a subsidiary of Pain Management Institute, has two convenient offices, on in Rancho Mirage and one in Palm Springs, to meet all patients who see relief.

A Career Built on Care and Compassion Though she received training from the best and most highly regarded training programs in America, Dr. Karimian chose a career path by following her heart. After graduating at the top of her class with a medical degree and completing a residency in anesthesiology, she still lacked a personal connection to the patient. Meeting a pain management doctor changed her perspective and her course. She witnessed many people walk into the office with aches and pains and walk out pain-free. Years of ailment finally dissipated after they were correctly diagnosed and properly treated.

With a compassion for those in pain and a desire to touch people's lives, she devoted herself to making a difference through the power of pain management. While administering anesthesia is crucial for surgeons – and would have offered a more lucrative path – Dr. Karimian has found reducing or eliminating physical suffering to be a most rewarding and meaningful calling.

Upon completion of her fellowship training at Mount Sinai Medical Center in New York, she founded the Pain Management Institute, headquartered in Apple Valley, California. There she served as Director of Palliative Care before eventually moving to the Coachella Valley to open the private practice at Palm Valley Comprehensive Pain Center. She is also the Director of Palliative care at St. Joseph Hospital.

Skilled in Targeting Pain at its Source A number of doctor's tack pain medicine onto a general roster that includes medicine and anesthesia. Similarly, there are self-proclaimed pain management practices that implement only a few, limited procedures and address only some forms of pain.

Dr. Karimian's practice succeeds where others have failed primarily due to her higher level of sub- specialty training. She is fellowship-trained in interventional pain management and palliative care. Her knowledge ensures that all patients receive the highest quality and most cutting-edge treatments, delivered with genuine care.

Areas of expertise include:

- Cervical disc disease/cervicalgia (neck pain)
- Lumbar disc disease/lumbago (back pain with pain radiating down the leg at times)
- Facet joint arthropathy (back pain)
- Compression fracture of spine
- Migraines
- Cancer pain
- Palliative care
- Chronic pelvic pain syndrome
- Fibromyalgia
- Testicular pain
- Vaginal pain
- Trigeminal neuralgia
- Costochondritis
- Postherpetic neuralgia



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